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Monday, April 23, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

## IT'S 'JANE THE VIRGIN' FINALE TIME!

We've got spoilers, thoughts and a whole lot of feels. 19



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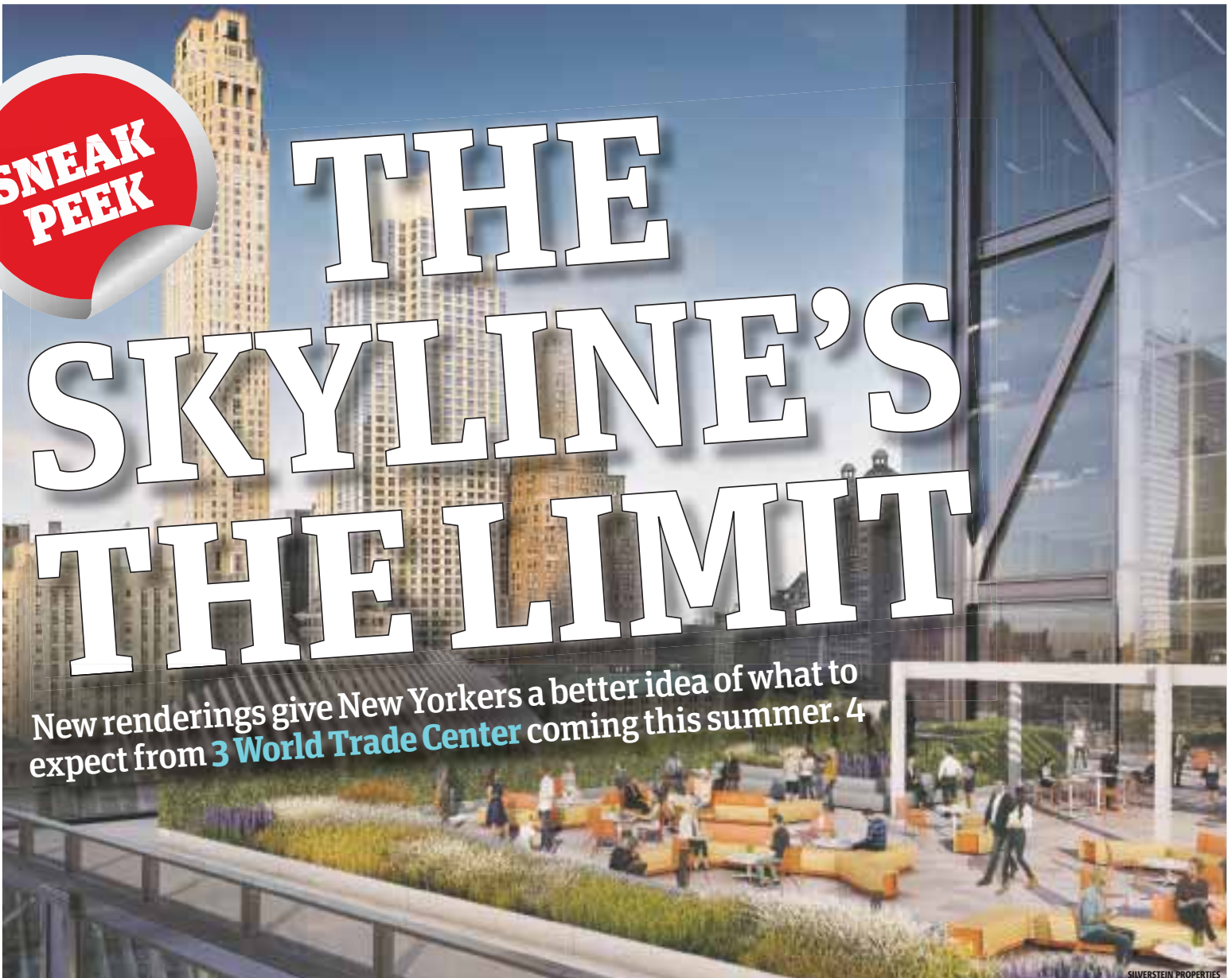
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PEEK

# THE SKYLINE'S THE LIMIT

New renderings give New Yorkers a better idea of what to expect from **3 World Trade Center** coming this summer. 4



SILVERSTEIN PROPERTIES



What, exactly, is a trade school? 22

THINGS YOU  
NEED TO KNOW

NIKKI M MASCALL, REPORTER

Like many New Yorkers and architecture buffs, we here at Metro are looking forward to the June opening of 3 World Trade Center. Developers just released the latest renderings of the interior and exterior of what will be the city's fifth-tallest building, which is 80 stories and 1,079 feet tall. 3WTC will also boast the first — and tallest — outdoor private terrace in Lower Manhattan. See the new photos on page 4 or at [metro.us](http://metro.us).

WELCOME TO  
METRO.USWHITE HOUSE WANTS TO  
ROLL BACK SPENDING DEAL

**I** Congress needs to consider rolling back the spending deal that Republicans brokered with Democrats last month, because lawmakers voted to enact the \$1.3 trillion legislation without reading it, an aide to President Donald Trump said on Sunday. White House legislative director Marc Short said the spending bill, which ran to more than 2,000 pages, was rushed into place to avoid a government shutdown. He urged Senate Republican leader Mitch McConnell to consider new "rescissions" legislation with spending cuts sought by fiscal conservatives in the House of Representatives. "Nobody saw

the text of the bill within 24 hours, because the process in Congress is broken," Short told NBC's "Meet the Press." "We would ask the Senate to have patience and look at the package that gets sent up," Short said. Some Republicans want a rescissions bill that would cut up to \$60 billion in nonmilitary spending, funds that were crucial to winning Democratic support. Reopening the bipartisan deal could divide Republicans during a midterm election year in which they are vulnerable to a Democratic surge. The party is already struggling against turbulence over House Speaker Paul Ryan's decision to retire.

TRUMP SAYS 'LONG WAY'  
TO GO ON NORTH KOREA

**2** President Donald Trump said the North Korean nuclear crisis is a long way from being resolved on Sunday, striking a cautious note a day after the North's pledge to end its nuclear tests raised hopes before planned summits with South Korea and the United States. "We are a long way from conclusion on North Korea, maybe things will work out, and maybe they won't — only time will tell," Trump said on Twitter. North Korea said on Saturday it was suspending nuclear and missile tests and scrapping its nuclear test site, and instead pursuing economic growth and peace. Some

leaders expressed doubts about Kim's intentions and South Korean President Moon Jae-in will be under intense international scrutiny when he meets him on Friday at the first North Korea-South Korea summit in more than a decade. In a tweet minutes before he tempered enthusiasm about the North's statement, Trump interpreted it as a pledge to denuclearize: "Wow, we haven't given up anything & they have agreed to denuclearization (so great for World), site closure, & no more testing!" However, Kim's announcement did not include a commitment to scrap existing nuclear weapons and missiles.

POLICE SEEK GUNMAN WHO  
KILLED FOUR AT WAFFLE HOUSE

**3** A nearly nude gunman killed four people at a Waffle House restaurant in Nashville, Tennessee, early on Sunday and then fled after a patron saved lives by wrestling the assault-style rifle from his hands.

The suspected shooter, identified by authorities as Travis Reinking, 29, fled on foot and was still at large as murder warrants were being issued for him, the Metropolitan Nashville Police said.

Reinking, originally from Morton, Illinois, lives near the restaurant, Nashville police spokesman Don Aaron told an afternoon news conference. The gunman's vehicle was registered to him and it was found at the scene, Aaron said.

Police speculate that Reinking ran home, grabbed a pair of pants and fled his apartment. A shirtless, shoeless man believed to be him was spotted in the woods nearby, police said.

The gunman, who was naked but for a green jacket, first shot and killed two people in the parking lot of the restaurant in Antioch, a section of southeast Nashville, shortly before 3:30 a.m. He then entered the restaurant and opened fire, police said, killing one patron and wounding another, who later died.

One diner, James Shaw Jr., 29, who had hidden near the restrooms, dashed out and pulled the rifle from the gunman. His fast actions were credited with saving lives, but Shaw said at the news conference that he was not a hero.

"I just wanted to live," said Shaw, who added that he had been getting a snack with friends after a fraternity house party. Shaw suffered non-life-threatening wounds including an injured elbow, while other patrons suffered facial wounds from shattered glass.

As the shooter ran off, he discarded the jacket, which contained ammunition, according to police, who cautioned that he was to be considered still armed and dangerous.

While the AR-15 rifle wrestled from the gunman and another weapon in his apartment were recovered, police said the suspect may have two more guns with him. Authorities said all four weapons — including a hunting rifle and handgun — were seized from Reinking last July after he was arrested by the Secret Service for being in a restricted area near the White House.

GETTY IMAGES

TRUMP'S TRAVEL BAN  
FACES SUPREME COURT

**4** The first big showdown at the Supreme Court over President Donald Trump's immigration policies is set for Wednesday when the justices hear a challenge to the lawfulness of his travel ban targeting people from several Muslim-majority countries. The case represents a test of the limits of presidential power. Trump's policy, announced in September, blocks entry into the United States of most people from Iran, Libya, Somalia, Syria and Yemen. Chad previously was on the list but Trump lifted those restrictions on April 10. The high court has never decided the legal merits

of the travel ban or any other major Trump immigration policy, including his move to rescind protections for young immigrants sometimes called Dreamers brought into the United States illegally as children. It has previously acted on Trump requests to undo lower court orders blocking those two policies, siding with him on the travel ban and opposing him on the Dreamers. Trump's immigration policies — also including actions taken against states and cities that protect illegal immigrants, intensified deportation efforts and limits on legal immigration — have been among his most contentious.

BLOOMBERG TO PAY \$4.5  
MILLION FOR CLIMATE PACT

**5** Former New York mayor and billionaire Michael Bloomberg said on Sunday he will write a \$4.5 million check to cover this year's U.S. financial commitment to the Paris Climate Agreement. President Donald Trump last year pulled the United States out of the pact, making the country the only one opposed to it. Bloomberg, in a CBS interview, said he hopes by next year Trump will have changed his mind. Bloomberg will continue to provide money for the pact if the United States does not rejoin the agreement, according to a news release from Bloomberg Philanthropies, the charity

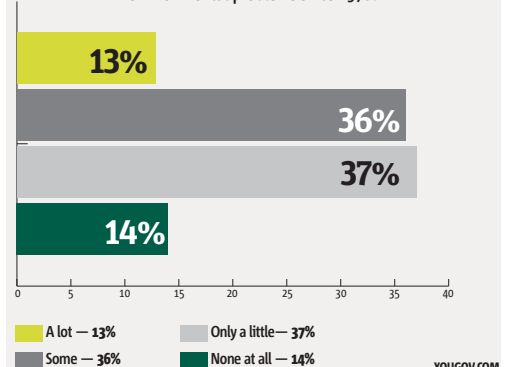
he founded. "Our foundation will uphold our promise to cover any cuts to UN climate funding by the federal government," Bloomberg said in the statement. Trump staunchly opposes the agreement and his administration has rolled back a number of environmental regulations.

MICHAEL BLOOMBERG  
GETTY IMAGES

## STATS

## ENVIRONMENTAL PROBLEMS

How much progress do you think has been made toward solving environmental problems since 1970?



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## NEWS



New renderings have been released of the interior and exterior of 3 World Trade Center, which is slated to open June 6. ALL IMAGES SILVERSTEIN PROPERTIES

# New images of 3 World Trade Center released

New renderings of the interior and exterior of the highly anticipated 80-story building have been released ahead of its June 6 opening.



NIKKI M. MASCALI  
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As the June opening of 3 World Trade Center draws closer, new renderings of the gleaming blue building have been released.

The new photos show what the interior and exterior of the 80-story skyscraper will look like. Designed by Rogers Stirk Harbour + Partners, 3WTC is slated to open June 6.

Upon opening, the 1,079-foot-tall building will be the fifth-tallest in New York City and have the first — and tallest — private outdoor terrace in Lower Manhattan, which Metro can tell you

offers breathtaking views of the city and beyond from 934 feet up on the 76th floor.

3WTC will also be the world's only building with a three-sided cable net wall and the first to have an annealed glass exterior, developers said.

Its 62-foot lobby will feature vibrant red walls accented by black Zimbabwe granite and Sardinian white granite floors from Italy. It will also have exposed escalators, which is a trademark of the architecture firm.

"When you come into the lobby of the building, you can see the nuts and bolts and how things work. It's hypnotic," Dara McQuillan of Silverstein Properties, 3WTC's developer, told Metro during a tour of the property last month. "I think that's going to surprise most people, looking at a skyscraper and seeing it work."

The anchor tenant of 3WTC is ad media agency GroupM, which will occupy nearly 700,000 square feet on 14 floors.

## NINE FAST FACTS ABOUT 3 WORLD TRADE CENTER

- 3WTC is on the site of the former Marriott World Trade Center, which was destroyed during the 9/11 attacks
- The 80-story building is 1,079-feet tall
- Construction began in 2008, but halted during the housing crisis and restarted in 2010
- 27,000 tons of steel upon completion
- 145,000 yards of concrete upon completion
- 10,000 panels of glass upon completion
- 5th tallest building in NYC
- Slated to open June 6

• Ad media agency GroupM is the anchor tenant, with nearly 700K square feet on 14 floors  
Source: Silverstein Properties



3WTC will be 1,079 feet tall upon completion.







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# Mayor: Central Park to be car-free starting this summer

Mayor Bill de Blasio announced that cars will be banned from Central Park beginning this June.



KRISTIN TOUSSAINT  
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Cars will be banned from Central Park beginning this June, Mayor Bill de Blasio announced on Friday.

The park will become completely car-free 24/7, 365 days a year starting on June 27, the city said in a statement, which is the day after public school classes end and the first day that outdoor pools are open across the city. The change will mark the park's return to "its original use as an urban refuge and recreation space."

"Our parks are for

people, not cars," de Blasio said in a statement. "For more than a century, cars have turned parts of the world's most iconic park into a highway. Today we take it back. We are prioritizing the safety and the health of the millions of parents, children and visitors who flock to Central Park."

The ban will prohibit vehicles from the "loop drives" within the park below 72nd Street. Central Park Drives north of 72nd Street are already car free, and current rules, according to the Central Park Conservancy, allow the drives south of that street to be open to vehicular traffic only on weekdays and within certain time frames.

West Drive is currently open to cars from 8 to 10 a.m., Center Drive/East Drive from

**"For more than a century, cars have turned parts of the world's most iconic park into a highway. Today we take it back..."**

Mayor Bill de Blasio

7 a.m. to 7 p.m. and Terrace Drive, or 72nd Street Cross, from 8 to 10 a.m.

There are also four transverse roads that run crosstown open to motorists which will remain open after this ban takes place. Those roads, at 97th, 86th, 79th and 65th Streets, were built into the park's original design, the city said, "as fully separated, below-grade streets to accommodate thru-traffic."

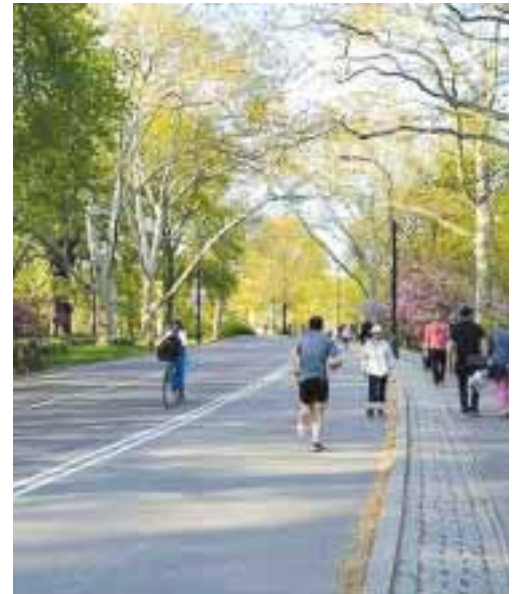
The Department of Transportation, the Central Park Conservancy, NYC Parks and NYPD will help coordinate the tran-

sition to a vehicle-free Central Park.

Advocates have been urging for a car-free Central Park for decades. The nonprofit Transportation Alternatives launched its campaign to rid the park of motorists in 1979.

"It was almost 40 years ago when the movement to remove cars from Central Park began in earnest," said Paul Steely White, executive director of Transportation Alternatives, in a statement.

"Progress comes in fits and starts — a week-end trial here, a seasonal



Central Park will be permanently car free starting this summer, Mayor Bill de Blasio announced. WIKIMEDIA COMMONS

trial there — and often without any assurance that meaningful reform is coming," he continued. "So we're thrilled to finally witness a positive conclusion to the four decade-long campaign to rid Central Park of vehicular traffic, and we're grateful to Mayor de

Blasio and Transportation Commissioner Polly Trottenberg for returning Central Park to what it was always meant to be: a place for people, not for cars."

This move comes after Prospect Park officially became car free in January.

*New York Yankees*

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# Federal prosecutors urge charging NYPD officer in Eric Garner's death

Federal civil rights prosecutors recommended charging Officer Daniel Pantaleo for putting the unarmed black man in a fatal choke hold in 2014.

## \$5.9M

The city agreed to pay Garner's family \$5.9 million to settle a wrongful death claim.



Federal civil rights prosecutors recommended charging NYPD Officer Daniel Pantaleo for putting unarmed black man Eric Garner in a fatal choke hold in 2014. GETTY IMAGES

Federal civil rights prosecutors have recommended charging a white New York City police officer for putting Eric Garner, an unarmed black man, in a fatal choke hold during a 2014 arrest. The New York Times reported on Friday, citing unnamed officials.

But senior officials in the U.S. Justice Department have reservations about accepting the recommendation and indicting the officer, Daniel Pantaleo, because the case might not be winnable, the Times reported.

Garner, a 43-year-old father of six, was stopped

by police on July 17, 2014, for illegally peddling cigarettes on a Staten Island sidewalk. Garner argued with police and was tackled by Pantaleo, who brought Garner to the ground with an arm around his neck. Choke holds have long been banned in the NYPD.

"I can't breathe!" Garner repeatedly said in widely seen cellphone video of the arrest. His dying words would become a rallying cry for protesters across the United States critical of racial disparities in the criminal justice system.

Garner's death was

ruled a homicide, and the city agreed to pay his family \$5.9 million to settle a wrongful death claim.

In December 2014, a New York City grand jury voted not to charge Pantaleo in Garner's death, sparking further protests. Garner's family has been critical of how much time the federal investigation by the Justice Department has taken.

ment has taken.

Pantaleo, who remains at the department on desk duty, could not immediately be reached for comment, and the department did not immediately respond to a request for comment.

The Justice Department declined to comment on the Times report. REUTERS



New York Attorney General Eric T. Schneiderman attended the National School Walkout at Bard High School Early College Manhattan. FLICKR/ERICTSCHNEIDERMAN

## New York AG talks gun violence with Manhattan high schoolers

On Friday, the 19th anniversary of the Columbine shooting, New York Attorney General Eric T. Schneiderman released a video of a recent roundtable he had with Manhattan high school students about gun violence.

Schneiderman sat down with students from Bard High School Early College Manhattan after he attended the first National School Walkout the school participated in on March 14, one month after 17 people were fatally shot at Marjory Stoneman Douglas High School in Parkland, Florida.

"These students are

building a movement that will change our communities and change our country," Schneiderman said. "The gun lobby may think that they can wait out these protests and keep on profiting from business as usual — but they've never faced opponents like these students before. Every public official should hear these students and take their message to heart: Pass common sense gun reform. ... Our children will not — and should not — forgive us if we keep failing to protect them from these entirely predictable and preventable attacks." NIKKI M. MASALI

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NYPD released this image of Saheed Vassell brandishing a pipe at pedestrians in Crown Heights. **NYPD**

# Parents of Saheed Vassell demand NYPD action on day of his funeral

The parents of Saheed Vassell, the Brooklyn man fatally shot by police in Crown Heights, have demanded more action from the NYPD.



**KRISTIN TOUSSAINT**  
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The parents of Saheed Vassell, the Brooklyn man shot and killed by police in early April, spoke out on Friday about the death of their son and their demand for action from officials.

Vassell, 34, who was mentally ill, was fatally shot on April 4 in Crown Heights by NYPD officers who believed he was holding a gun. The object was later identified as a piece of welding torch, The New York Times reported.

The funeral for Vassell was held Friday morning. In a statement sent after the service, Vassell's parents, Lorna and Eric Vassell, released a statement calling for more action from the NYPD and Mayor Bill de Blasio.

"We are devastated by the murder of Saheed, because he should still be with us instead of having his life stolen by NYPD officers who killed him in a hail of at least 10 bullets in broad daylight, wrongly claiming he had a gun when he did not," the statement begins. "While we mourn, we maintain our demands of the city that Mayor de Blasio has failed to fulfill: real and comprehensive transparency that can help ensure accountability for Saheed's death."

Vassell's parents added that they "condemn" the way the NYPD has released selective information about Vassell

without also releasing information on the officers involved.

"We demand that Mayor de Blasio and the NYPD release the names of the officers involved in killing our son, and there is no excuse for their refusal to do what is commonplace in other cities and has been commonplace in NYC in the past," they said. "The de Blasio administration must be transparent about these officers' misconduct his-

**"We demand that Mayor de Blasio and the NYPD release the names of the officers involved in killing our son ..."**

Parents of Saheed Vassell

stories, and they must release all video of officers' actions immediately before, during and after the killing."

The Vassells said they will continue to demand "full prosecution of officer misconduct and the firing of all officers" involved in the killing of their son.

NYPD said the names of the officers involved will be made public, but did not give a specific date.

"At some point, the names will be released," Chief of Detectives Dermot Shea said recently on "Good Day New York." "But we're going to wait for [the investigation] to go a little bit further."

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NYCHA is seeking applications from community-based organizations and small solar developers to install community solar gardens on 325 rooftops at 65 developments. **ISTOCK**

## With new ACCESSolar program, NYCHA has solar gardens on the horizon

The new program is part of the Housing Authority's goal to install 25 megawatts of renewable energy capacity on its properties by 2025.



NIKKI M. MASCALI  
[nikki.mascali@metro.us](mailto:nikki.mascali@metro.us)

NYCHA took one step closer to its goal of installing 25 megawatts of renewable energy capacity by 2025 by launching a new program aimed to provide lower-cost clean energy to its residents on Friday.

ACCESSolar, or Accelerating Community Empowered Shared Solar, started accepting applications Friday from community-based organizations and small solar developers to install community solar gardens on 325 rooftops at 65 NYCHA developments. Applications will be accepted through July 2.

"NYCHA has a long history of using our scale and capital programs to provide job opportunities in NYCHA communities," Deborah Goddard, executive vice president for Capital Projects, said. "By unlocking the solar development potential of NYCHA's small buildings, ACCESSolar provides an unprecedented growth opportunity to small solar businesses, which we hope will result in career-path green jobs for NYCHA residents."

Up to five pilot teams will be selected in the first phase of ACCESSolar, which is part of the NextGeneration NYCHA Sustainability Agenda, to develop the installation of the community solar gardens in which the electricity generated will belong to subscribers.

Though the solar energy will be available to anyone within the service area, NYCHA requires a portion of subscribers be low-income residents and NYCHA Section 8 voucher holders who pay for their own electricity. Subscribers will receive a credit on their electric bill.

Small businesses and non-profit community-based organizations that apply for the ACCESSolar program are also required to affirm their intent to employ NYCHA residents. Starting on Monday, community organizations and small solar developers, especially those owned by women or minorities, that are interested in finding application partners can register via CUNY's Shared Solar Gateway.

**"Sustainable CUNY and our solar ombudsmen are proud to have worked with NYCHA to develop this first-of-its-kind program ..."**

Tria Case, director of sustainability and energy conservation at CUNY

"The City University of New York has a distinguished history of responding to the diverse needs of the urban neighborhoods where we live, work and study," said Tria Case, director of sustainability and energy conservation at CUNY, which is an ACCESSolar support along with the Fund for Public Housing and consulting firm ICF. "Sustainable CUNY and our solar ombudsmen are proud to have worked with NYCHA to develop this first-of-its-kind program that provides a new framework for bringing the benefits of solar to New York City's underserved communities."

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TRUMP'S AMERICA

# LET THE SPOUSES SPEAK, I SAY

## Analysis

### ELLIS HENICAN

Metro columnist  
Ellis Henican is the author of a dozen books including "TRUMPITUDE: The Secret Confessions of Donald's Brain." Join Ellis on Twitter @henican.



I have a wife. She has opinions. And sometimes — this part may surprise you — her opinions differ from mine.

This can be frustrating for someone like me who enjoys being right all the time. But really, what am I supposed to do? I much prefer the company of people who possess their own brains.

All of which is to say: Kellyanne Conway kinda has a point.

She didn't defend it especially well on Sunday, when CNN anchor Dana Bash inquired about George Conway's pointed tweets ragging on his wife's supervisor at the office, President Donald Trump. Instead of making the two-brains argument, Kellyanne erupted in

outrage that such a question would ever be asked of a senior White House counselor.

It was "meant to harass and embarrass" her, she complained. "It's fascinating to me that CNN would go there. ... It's now fair game how people's spouses and significant others may differ with them. ... This is a fascinating 'cross the Rubicon' moment."

Reel it in, Kellyanne! When you hold a high title at the White House, people will ask you all kinds of things on cable TV. Your job is to answer or deflect effectively, not complain about being asked.

On March 23, to cite just one relevant factoid, Kellyanne's

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Kellyanne Conway was recently asked about her husband's political opinions. GETTY IMAGES

lawyer-husband (who was once on the short list for solicitor general) retweeted a CNN report asserting that Trump often fails to stand behind his aides. "So true," George Conway added with a sarcastic kicker. "It's absurd. Which is why people are banging down the doors to be his comms director."

No one's going to ask about that? Kellyanne should have kept her cool

and shrugged: "Guys say all kinds of stuff."

This isn't just the Conways. We are a nation in transition here. Two-career couples are so routine, no one even notices anymore. And yet spouses still get blamed for things that spouses say and do. Ask Bill and Hillary Clinton. Ask Andrew and Jill McCabe. Ask Donald and Melania Trump. You'd think we

didn't just get done burying Barbara Bush, whose frankly-spoken opinions were a major source of her charm.

It's hard to know exactly what Melania thinks. So far, she hasn't said much. But did you notice she has 10.3 million Twitter followers and follows only five. Barack Obama is one of them. I'd keep an eye on @FLOTUS, just in case.

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# Why Are So Many Knee Arthritis Patients Seeking the Newest Medical Procedure?

## New York Doc's Merge Best of High Tech and Low Cost

*Fraction of the cost, less medical risk, little to no downtime and often no anesthesia. Hundreds of worst arthritis sufferers from tri-state area are now getting better.*

By Matt Edgar

America's Health Writer

**New York City** - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted one of the doc's at **NYC Pain MD** in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at **NYC Pain MD** because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid or at the very least delay knee replacement surgery is doing the correct treatment as soon as possible".

### What is the "correct treatment?"

"That depends," noted the doc. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," he added.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby an FDA-approved preparation of Hyaluronic acid - a gel-like medicine is - applied ultra-precisely and virtually painlessly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important when trying to avoid surgery.

The director of treatment believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NYC Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting Technology* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to go. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Precision Arthritis Targeting Technology and did not get good results - this may be why.



**Can This Be Avoided?** Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



### Normal Pain-Free Knee Joint

#### Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



### Knee With Painful Arthritis

#### Pain -

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



### Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging

#### Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



### Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology

#### Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.



# Arthritis Sufferers Choosing Procedures Before Surgery?

**Which Medicine And All Natural Treatments are covered by insurance amongst top reasons for high patient demand...  
call weekly to find out if treatment may be right for them**

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because thousands of knee pain sufferers have flocked to the **NYC Pain MD** New York City for their brand of treatment.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

## Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid technically) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it can be excruciating.

## Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil.' It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

But...when introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

## Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get viscosupplementation from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

## Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use **"Precision Arthritis Targeting Technology"**. This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time."



**Advanced Medical Technology Can Make All The Difference:** This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** used this P.A.T. Imaging Technology with each and every treatment.

"**NYC Pain MD** is a state of the art medical facility offering the best technology".

## And that's not all . . .

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years or more for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added one of the clinic's doctors.

## How To Find Out If It Can Help You?

If you have knee pain, the **NYC Pain MD** doctors would like to see if you do qualify for a No-Cost, No-obligation screening to see if you may be candidate for their treatments using *Precision Arthritis Targeting Technology*.

## Many Insurance Plans Participate:

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**All you have to do is call 800-885-KNEE (5633)** right now. However, due to extremely high call volume, you may not get a live scheduling coordinator. In that case, do NOT hangup. Just leave a message with your name, phone number and best time for us to reach you. A patient coordinator will get back you as soon as possible to find out if you qualify for the no-cost screening and then find you an appointment time.

## And here's something really important -

Viscosupplementation treatments are covered by many insurances, union plans ... even medicare. So, to schedule your no obligation screening or if you have any questions -

## Call: 800 885 KNEE (5633)

Are You Qualified For Knee Arthritis Screening With **NYC Pain MD?** Find Out Today

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz Synvisc) without satisfactory results?



## LIFESTYLE

Murray Cummings also happens to be the musician's cousin.



GREGORY WAKEMAN  
Gregory.Wakeman@metro.us

Murray Cummings has seen Ed Sheeran's musical journey from the very beginning. Literally — he is the singer-songwriter's older cousin.

When Sheeran decided to move to London to hone his craft and play gigs, Cummings was already in the city working at a film-production company and taking the first steps in his own directorial career. So it made sense that Cummings filmed Sheeran.

Years later, all of that footage has culminated in "Songwriter," an intimate and illuminating look at Sheeran's songwriting process as he wrote the "+" album.

#### Was "Songwriter" your idea?

Kind of. I wanted to get into directing music videos when Ed first came to London and started playing gigs. So I just said, "I'll record your gigs." I always felt that my documentary about him would be about him doing small gigs. But then he became Ed Sheeran. And by the time that I felt confident enough to make a film, I already felt as though that story had been covered by MTV. So I thought, "What original take could I do that only

# 'Songwriter' director talks filming Ed Sheeran: 'It might be his commercial peak, but it's not his songwriting peak'



The musician/muse  
ALL IMAGES FROM GETTY



Cousins Ed Sheeran and Murray Cummings.

I could do?" And my passion when he was working was watching him make a song. I loved to just watch with intrigue how it all comes from nothing. It was crazy to be in the room and know that it was going to end up with thousands of people singing it.

#### How much footage did you shoot?

I've been filming him for ages. When I decided I wanted to make a film about him I decided to watch everything I had. I didn't know it would be about songwriting at the start.

I loved the "Galway Girl" sequence, where we see it evolve into the song it is now.

**"I always thought he would get an album out. But I never thought it would get to this level."**

The reason that is one of my favorite scenes is because I have never seen Ed so happy. It's him in his element. Because he's a solo artist that goes out by himself, performs live, doing it with a loop pedal. So he doesn't have a band, and this was the first album that he has written with a lot of people. He normally writes on his own or one-on-one.

So for him to actually have friends around him who write songs and have a band there that can immediately realize his idea just minutes after he had written it, that made him so happy.

#### Was "Shape Of You" written that late?

The album was done when he wrote "Shape Of You." He had already

sent it to the record label. So I had already packed up and come home, and was like, "Time to edit." Then he sent me an email being, "Wrote a new song. Let me know what you think." Then I was like, "Oh no! I don't have any footage of this and Ed is going to make it a single." Luckily he still needed to mix it. But I was in America, so I had to get my brother over in Ireland to fly out to the UK to film Ed doing that. From writing on a guitar on the tour bus to him performing with an orchestra!

Was there a moment when you realized that Ed was going to become this big?

I knew he had the talent

and the drive. I always thought he would get an album out. But I never thought it would get to this level.

#### Ed thinks that "+" is his pinnacle, do you believe that?

I'm actually not sure. I think he does believe that. I'm not sure I do. I can't wait to hear what he does next. Because I know his musical influences and that he grew up on Bob Dylan and Van Morrison — I want to hear the album that he makes at 45. Maybe it's the commercial peak, but it's definitely not the songwriting peak.

"Songwriter" is now playing at the Tribeca Film Festival.

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The finale puts Jane through the requisite ups and downs — then doubles down. ALL PHOTOS CW

# Let's talk about the insane finale of 'Jane the Virgin'

Michael is alive. I repeat: Michael. Is. Alive!



RACHAEL VAUGHAN CLEMMONS  
rachael.clemmons@metro.us

The "Jane the Virgin" finale had plenty of twists and turns — standard fare for the CW series. After all, it is — as the narrator consistently and kindly reminds us — a telenovela.

Petra reveals she did kill her sister, but only to protect her daughters! JR shoots someone before they can kill Petra! Alba marries ol' dude Jorge after her surprise party! River Shields finally comes around to Rogelio and manages to finally spell Alba's name right!

But one twist tops them all. One twist has this writer thinking, maybe "Jane the Virgin" has out-twisted itself. Because somehow, some way, the last 10 seconds of the finale

reveal that Michael is back from the dead.

If you too are asking — wait, what? How? Why? Join the club. As always, though, "Jane" dropped clues throughout the episode, which aimed to celebrate what Jane calls the lightness and the dark, together. The biggest hint to this frankly insane surprise



Jane and Rafael almost get engaged, but there's one roadblock they can't exactly ignore.

is when Jane, in all of her meta glory, says of her novel outline, "[The plot twist] isn't landing because it wasn't set up properly." The finale then does the work of investing us, once

again, in Jane and Rafael's relationship, particularly how far they've come since the death of Michael. So when a bountifully bearded Michael appears in Raf's bedroom, looking very much alive, it's worth a double, triple — nay — quadruple take.

Based on those last seconds, all bets are off for next season — which is slated to be "Jane's" last. It also brings up a lot of questions: Is that really Michael or some sort of long lost evil twin? If it is Michael, did he fake his death? And most importantly, will we be forced to spend the series' last episodes trudging through a love triangle between Jane, Michael and Rafael again? Because that would be torture.

Either way, one thing is clear: The stakes are higher than ever for the final season of "Jane the Virgin." For its last hurrah, here's hoping the series continues to outdo itself.

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# How a baby can work for you

Comedian Jamie Aderski made her baby a part of her career — so we asked how else having one can improve your life.



EVA KIS  
eva.kis@metro.us

Jamie Aderski had a baby in 2016 and hasn't stopped talking about it since. Like most new moms, the New York-based comedian felt lied to about the experience. She wrote her show, "Cry Baby: My (Reluctant) Journey Into Motherhood," playing at Caveat on April 23, out of frustration at all the things nobody told her about the experience. (OK, and a lot of insomnia.)

With colorful anecdotes (when's the last time you heard "induced" in public?) and a lot of real talk, Aderski lays out what having a baby and being a mom is really like — but also what it isn't. "I was really scared that I would disappear," she confides. "It's important for me to let other women know that you can have this crazy creative life and not be a millionaire in this city and thrive and create and survive."

If you do decide to jump off that cliff, as she

puts it, she wants you to know it's not all sacrifice and compromise.

## You see the world in a new way

For a creative person, everything has the potential to spark a creative idea. But what if we're all looking too hard for experiences that take us out of our normal lives to feel inspired? While the world might be new to your baby, it's also a chance for you to, as the old saying goes, stop and smell the roses. "It's fun to see things through his eyes for the first time," she says. "It excites you; everything to him is joyful. It reminds you of that feeling of childhood."

## Remember how uncomplicated life really is

The world is complicated, relationships are messy, things keep happening — we've all been through a lot and drag around the emotional baggage of it. There's very little we can look at and not associate it with something else. But watching her son eat made Aderski realize something: "We all love food, but he enjoys every bit of it; he doesn't think about 'Oh, I shouldn't eat this, I should only eat this much' — he knows



Catch "Cry Baby" tonight at 9 p.m. at Caveat, 21A Clinton St. Tickets are \$12 in advance at caveat.nyc or \$15 at the door. IMAGES PROVIDED

exactly how to satisfy himself to the point that he's content." Try checking your preconceived notions at the door and letting life come to you!



## You uncover new reserves of compassion

Life in New York City is hard. We're all pushing against each other, as Aderski puts it, and even little things like navigating the subway stairs can be the final straw that leaves you sobbing on the

platform. Everyone needs a little help sometimes, but having a baby makes you aware of it in a whole new way and more likely to do something about it. "You feel compelled to care for other people in a way I've never experienced," she says. "Having a kid in the city shows you that people are for the most part are really good, and if you choose to see that, that's what you're gonna see."

## You meet tons of new people

Even before her son has reached playdate age, Aderski is already finding herself socializing more than when she wasn't a mom. "I wouldn't normally strike up a conversation or go to a Meetup-kind of situation if I didn't have my son," she says, and yet as we spoke she was preparing to host her mommy group for wine and conversation (about whether they should have second

**"Having a kid in the city shows you that people are for the most part really good."**

babies). Her circle has widened from the usual creative crowd to include "women I never would've met otherwise," all bonded by their shared experience.

## You learn to take life a little more easy

"I've always been a very Type A person and I can't be with him anymore," says Aderski. She's learning to let things go and just be able to live in the moment fully, "which is

what a good improviser or an actor does — and I've trained for that but I don't know that I ever really lived it until now." Planning for a baby requires more planning and responsibility than she's ever had to summon before, but it also demands flexibility because babies have their own ideas. "And I'm OK with that!"

## You find a new source of self-worth

Career-minded people tend to seek their self-worth and validation in their work — which everyone realizes is futile eventually. Having a baby speeds up that process exponentially. "I've done a lot of things in my life I'm proud of and a lot of things I'm not proud of like everybody, but I've never had this sense of accomplishment," Aderski says. Watching her son become a "sweet, loving, interesting" person, it's hard not to feel "like you were on 'Survivor' and you won."

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# Bette Midler will close out 'Hello, Dolly!'

The Broadway revival will welcome back its original Tony-winning leading lady this summer.



EVA KIS  
eva.kis@metro.us

Before it closes on Broadway, "Hello, Dolly!" is giving audiences the only thing they seemingly wanted from the musical: Bette Midler.

The lionine actress earned pretty much every acting accolade for her leading role as Dolly Levi, including the 2017 Tony Award for Best Actress in a Musical. She'll carry the show through its final six weeks beginning July 17 before it ends its Broadway run on Aug. 25.

Joining Midler will be her former co-stars David Hyde Pierce as Horace Vandergelder and Gavin Creel, stepping back into his Featured Actor Tony-



Bette Midler's performance as Dolly Levi received pretty much every accolade in the theater world. JULIETA CERVANTES

winning role as Cornelius Hackl on May 8.

The show opened in April 20, 2017, with Midler winning unanimous raves from critics — Vulture called her the "real source of the

warmth and color" of the production, while the New York Times' review was headlined "Bright, Brassy and All Bette."

In Midler's final week of performances, ending Jan. 14, 2018, the show

brought in \$2,436,208, second only to "Hamilton." Ticket sales for the following week plummeted to \$372,200, when her alternate, Donna Murphy, took on the role, then rose to \$1.17 million

the week after when Bernadette Peters made her debut on Jan. 20, scoring the show's highest box office total since.

Though she's nobody's understudy, the New York Times noted

Peters brought a darker energy to the role, playing the widower Dolly as weighed down by her past.

"I am delighted to return to the scene of one of the greatest experiences of my life," Midler said in a statement. "Dolly Levi is one of the most joyful characters in Broadway history, and Bernadette and I were lucky to be able to step into her glorious shoes."

Pierce summed up their impending reunion like this: "Bette Midler is a crazy woman and I can't wait to get back on stage with her."

Tickets for the show's remaining dates go on sale Saturday, April 28 at 10 a.m. online at HelloDollyOnBroadway.com, by phone at 212-239-6200, or in person at the Shubert Theatre box office (225 W. 44th St.)

A touring production starring Tony winner Betty Buckley is set to open in Cleveland, Ohio, on Oct. 2, 2018.

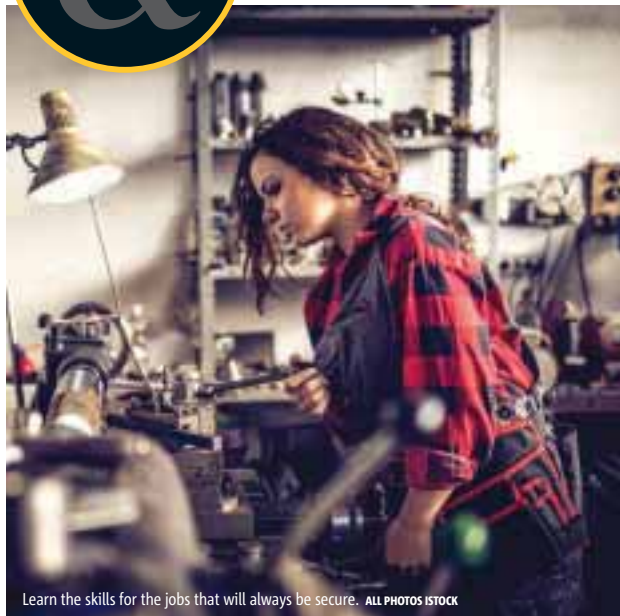


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## What, exactly, is a trade school?



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Trade schools give students hands-on training for careers such as welding and culinary arts. But they can be expensive, and students should research their choices.

needed for a specific field. They're designed to prepare students for direct entrance into the workforce. Trade schools are common for careers such as welding, culinary arts, and heating, ventilation and air conditioning (HVAC).

Before enrolling in a trade school, you should research opportunities to get the same training more affordably. In many cases, you can train for the same career by doing an apprenticeship or a technical program at a community college.

### Disadvantages of trade schools

- The majority are for-profit schools, which tend to be more expensive and have lower

graduation rates, lower earnings after attending and higher student-loan default rates than public and nonprofit schools, according to a 2017 Federal Reserve Bank of New York report.

- Programs vary in quality and reputability. The Federal Trade Commission recommends evaluating programs based on factors including cost, completion rates and job placement rates.

- If the school isn't properly accredited — not all trade schools are — you won't be eligible for federal financial aid, which includes the

Pell Grant, work-study programs and federal student loans.

### But what are the benefits?

- You can get focused, hands-on training for a specific career. There are less likely to be

general education requirements, such as English and math coursework, at a trade school.

- The school may help you find a job. However, beware of schools that misrepresent their job-placement rates; for-profit colleges owned by Corinthian Colleges were accused of doing so before the company closed and filed for bankruptcy in 2015.

### OK, I'm sold. How do I enroll in the right one for me to get to the job I want?

- Compare your options. Use the Department of Education's

College Scorecard ([collegescorecard.ed.gov](http://collegescorecard.ed.gov)) to compare schools by checking average annual cost, graduation rate and median salaries of former students. And once you narrow your options, ensure your top pick is properly licensed and accredited.

- Apply! Ask about requirements for the program you're interested in; they vary by program and school.

- Submit the Free Application for Federal Student Aid, known as the FAFSA ([fafsa.ed.gov](http://fafsa.ed.gov)), to see what government aid you qualify for. If your program has a federal school code, it can accept federal financial aid, but not all trade schools do. **TEDDY NYKIEL**



NerdWallet is a personal finance website.

Trade schools — also known as vocational, career or technical schools — give students hands-on training in skills



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# How to nail the first week in a new job

Here's what you need to know to not mess up your first five days.



LUCY E. COUSINS  
letters@metro.us

Your first week in a new job is a little like a first date. You dress up, you have to make small talk and you try your hardest to make a good impression. And as any boss will tell you, there is only one impression that counts. The first one.

So with that in mind, we spoke to Andrea Clarke from Career CEO to create this guide for

how to make it through your first week with flying colors.

## Don't put on an act

The best approach is to be your normal, everyday self. Don't try to be somebody you aren't because by week two, keeping up the pretense will become very tedious indeed. In saying that, perhaps keep the inner workings of your mind to yourself until you know your colleagues a little better – they don't need to know about your belly button lint collection just yet.

## Know the company

Internal politics are all well and good, but

do you know what the share price is today? It's always a good idea to create a Google news alert for your new company and maybe the top execs/ key players, your competitors and industry regulators. It pays to stay current on all the issues that impact your organization, so you don't put your foot in it in your first meeting.

## Research your work-mates

But in a non-stalkery way. Instead of the usual chitchat, why not do some due diligence on your new colleagues so you can find common ground early? Maybe connect with them on



The transition from classroom to boardroom must be on your mind. IMAGES FROM ISTOCK

LinkedIn (if appropriate) and ask them about the last project they worked on or award they were nominated for. Prove that you're paying attention and

you're interested.

## Understand your boss

You wouldn't play the U.S. Open without knowing the rules; same goes for dealing with a

new boss. To start with, ask your colleagues about your boss' rules of engagement. For example, does she prefer face-to-face questions, emails or phone calls? What



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### Speak up

Perhaps you started in a new industry or you've stepped up to a new position. Either way, it's important to understand that you're getting paid to be effective and to have an opinion. So try to speak with authority in meetings and carry yourself confidently. Using a



warm and sincere tone can help smooth any mistakes over.

### Don't overcommit

It's easy to give yourself analysis-paralysis by taking on too much too soon. However, the truth is that while you're still getting your bearings (let's face it, getting a desk and

functioning computer can be a 25-step process in some workplaces), you should dial back the anxiety and go get yourself a coffee.

### Don't overthink it

If in doubt, do nothing. It can take an entire year in a new job to feel as though you have a real "handle" on it, so give things time to settle in and don't rush any decisions. If you have doubts about the role, discuss them externally with a friend or mentor, not with your new colleagues in the kitchen.

### Call it early

You never really know what a business is like until you punch in, and if you think that this new job is not for you, then be candid about it. Your boss should appreciate some straight-up honesty, and you can use it as an opportunity to make a savvy move. Just be sure to manage your exit in a respectful and measured way — i.e., don't trash your desk and poison the office plant on your way out.

hours are out of bounds? What does she expect from you? The bottom line is that you need to clearly understand the expectations before you start the game.

## Should I pick my first job based on my student debt?



NerdWallet is a personal finance website.

About to graduate from college, and worried about paying off student loans?

First off — know that your first job might not be perfect. You aren't the first, though, to read every job description with student debt on the brain. But don't accept the first crappy offer you receive just to pay down bills. There are other options.

### Apply for loan forgiveness

More than a third of respondents in the American Student Assistance survey said student loans

affected their choice to work at a private company rather than in the public sector. But if you're planning to work for the government or a 501(c)(3) nonprofit, familiarize yourself with federal loan forgiveness programs. Unfortunately, private student loan borrowers don't qualify for federal forgiveness programs.

### Get your company to help

Some private companies offer student debt payments — say, \$100 a month directly to the loan principal — as an employee benefit, similar to health insurance or 401(k) contributions. And more are joining the trend.

Elaine Florentino, 24, receives \$100 a month from her employer, financial-services firm PwC. She left school with a master's degree in taxation and \$57,000 in loans. The student loan

assistance plan will cut her repayment term by one year, she says, if she stays with the company for six years, when the benefit maxes out.

"The fact that even private employers are feeling the pinch of not being able to attract good employees because of debt levels, that really tells us that policymakers have waited far too long to really get at the root of these problems," says Suzanne Martindale, a staff attorney at Consumers Union, the policy division of Consumer Reports.

Want to find out if a specific employer can help you beat debt? Companies will often tout their student loan repayment benefits on their websites. You can also ask a company if it offers the benefit when you've received a job offer, or let human resources know employees would be interested in it once you're hired. BRIANNA MCGURRAN

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## SPORTS

Harvey is now in the bullpen and it's more likely than ever than his days in NY are coming to a close.



JOE PANTORNO  
joseph.pantorno@metro.us

The New York Mets being able to trot out their five stud starters of Noah Syndergaard, Jacob deGrom, Matt Harvey, Zack Wheeler and Steven Matz did not last for long.

Some of that is because veteran southpaw Jason Vargas, who was signed during the winter provide some much-needed rotational depth, will be returning from an injury to his non-pitching hand in the coming days.

But most of that is because Matt Harvey simply is not an MLB-caliber starting pitcher anymore, and we all saw it again on Thursday night.

The pitcher formerly known as the "Dark Knight" faltered against the Atlanta Braves, grounding the Mets after a huge comeback win over the Washington Nationals the night before.

In the first three innings of his start in

# Harvey a shell of himself

14

Mets pitcher Matt Harvey has given up 14 earned runs in just 21 total innings of work so far this season.

the Mets could get something for the troubled and struggling arm. But in order for him to do so, the Mets had to keep the righty in the majors.

A logical move upon Vargas' return would have been to send whichever pitcher chosen to leave the rotation down to triple-A Las Vegas. Sending Harvey to the minors wouldn't have done much to show teams around the majors that he can attain any sort of success in the big leagues.

That meant the shift to the bullpen was the best possible option, though Harvey was not happy about it.

"On a scale of 1 to 10, obviously I'm at a 10 with being pissed off," Harvey said (h/t MLB.com). "My performance hasn't been there and I just have to do whatever I have to do to get back in the starting rotation. Right now, that's go to the bullpen and work on some things, get things back to where I need to be."



Matt Harvey is 0-2 with a 6.00 ERA so far this season. GETTY IMAGES

Atlanta, Harvey was hammered for six runs on seven hits, putting New York in a 6-0 hole they were not able to climb out of in what became a 12-4 loss.

Now with four starts under his belt, Harvey is 0-2 with a 6.00 ERA and the clear weak link in the Mets rotation, which is a bit of an accomplishment considering Steven

Matz is 1-1 with a 4.42 ERA of his own while looking overwhelmingly mediocre at best.

On Saturday, the Mets dropped the hammer, moving Harvey to the bullpen. One that is only going to make his departure from New York all the more likely.

The relationship between the 29-year-old and his franchise has

been a testy one over the years — whether it's been because of disputes on the process of recoveries from injury or Harvey's actions off the baseball field. As he's been unable to regain the form that made him one of baseball's most exciting pitchers in 2013, there has been plenty of speculation that his time with the Mets will be up

shortly.

Harvey's contract expires at the end of this season and a fresh start will likely be vital for the resurrection of his career. It's clear that he can't succeed in Queens.

If general manager Sandy Alderson can find a way, trading Harvey before this summer's trade deadline would be considered a victory as

## Highly unlikely that Giants go after WR Bryant

The New York Giants release of Brandon Marshall on Thursday has left them in need of another dependable wide receiver to complement Odell Beckham Jr. and Sterling Shepard.

Immediately free-agent wide receiver Dez Bryant's name came up, the veteran having been released by the Giants' NFC East counterparts, the Dallas Cowboys, a week prior. In what can only be described as a messy breakup over a contract dispute, Bryant promised Cowboys management while he walked out of team facilities after his release that he would see them twice a year, per Mickey Spagnola of



Dez Bryant is said to be quite interested in joining the Giants. GETTY IMAGES

DallasCowboys.com — insinuating that he would be signing with an NFC East team.

Bryant immediately

expressed his desire to sign with the Giants via Twitter, even posting a video of himself working out with Beckham.

When initially asked about Bryant, Giants general manager Dave Gettleman admitted that "we're interested in everybody,"

per ESPN's Jordan Raanan. But that tune suddenly changed over the week-end when NFL Network's Ian Rapoport reported that the Giants "are not at this point a team vying for his services."

Bryant is coming off his best season in three years, recording 69 receptions for 838 yards and six touchdowns.

Gettleman announced on Thursday afternoon that Marshall had been released after just one season with the Giants, which was shortened to just five games because of a season-ending ankle injury.

It was a swift and unceremonious end to his tenure in New York, the

34-year-old expected to create a fearsome one-two punch with Beckham Jr. in the Giants passing game after signing a two-year, \$11 million deal last summer.

Instead, New York's wide receiving corps was just one of many things that went off the rails during a 3-13 season. Beckham and Marshall's seasons were cut short due to injury, though the latter wasn't much of a factor during his five games on the field as he recorded just 18 catches for 154 yards.

Had he stayed healthy, Marshall was on pace for his worst output since his rookie season.

JOE PANTORNO





NYCFC coach Patrick Vieira has emerged as one of the top candidates for the now-empty Arsenal job. GETTY IMAGES

# NYCFC'S Vieira linked to Arsenal coaching job

Wenger is out and the club may be looking stateside for its new manager.



KRISTIAN DYER  
sports@metro.us

The English soccer world was rocked on Friday morning with the news that Arsenal manager Arsene Wenger will not return to the club next season, ending what was a 22-year-run at the helm of one of the most prolific squads in Europe.

"I am grateful for having had the privilege to serve the club for so many memorable years," said Wenger (via BBC). "I managed the club with full commitment and integrity. To all the Arsenal lovers, take care of the

values of the club."

Taking over the club in 1996, Wenger was the current longest-tenured manager in the Premier League, though he's had plenty of issues living up to the high expectations that come with leading Arsenal.

He was an incredible success over the first nine years at the helm, winning three Premier League titles and four FA Cups. His most successful campaign came in 2003-04 when his side became the first team since Preston North End in 1888-89 to finish a league season unbeaten.

After winning the 2005 FA Cup, Wenger and Arsenal went nine years without a trophy, a dry spell that was deemed unacceptable by many. They've won a pair of FA Cups in 2014 and

2017, but that's been the extent of their success.

Now the club will have to find a successor to fill some pretty large shoes given the longevity of Wenger's stay in London and a possible option could be right here in New York.

New York City FC (NYCFC) manager Patrick Vieira is currently plying his trade in MLS but he's no stranger to the big stages of European soccer. As a player, Vieira spent nine seasons with Wenger at Arsenal as an elite holding midfielder, his longest tenure from a list that includes other clubs like AC Milan, Inter Milan, Juventus and Manchester City.

Here in the United States, Vieira currently has his NYCFC side atop MLS' Eastern Conference with the best

record in the league. His performance has been something Wenger has seemingly been watching for quite some time.

According to Beln Sports (via AFCStuff.com) Wenger has recommended Vieira as his replacement at Arsenal.

"I've followed his managerial career. I think he does very well but overall, this Premier League is special," Wenger said. "You have to come in and there are plenty of former players who played here who have potential, the intelligence and knowledge to do it."

Vieira attempted to put those rumors to rest over the weekend, but the longer the vacancy remains unfilled, the more the rumors of him returning to London will grow.

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Please contact Brittany Cho at (212)-241-7906 or at [brittany.cho@mssm.edu](mailto:brittany.cho@mssm.edu).

PI: Zahi Fayad, GCO 15-0893

Division of Psychiatry at Mount Sinai  
Protocol: 1507-140189  
Approved: 11/06/2017  
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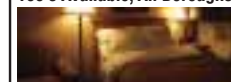
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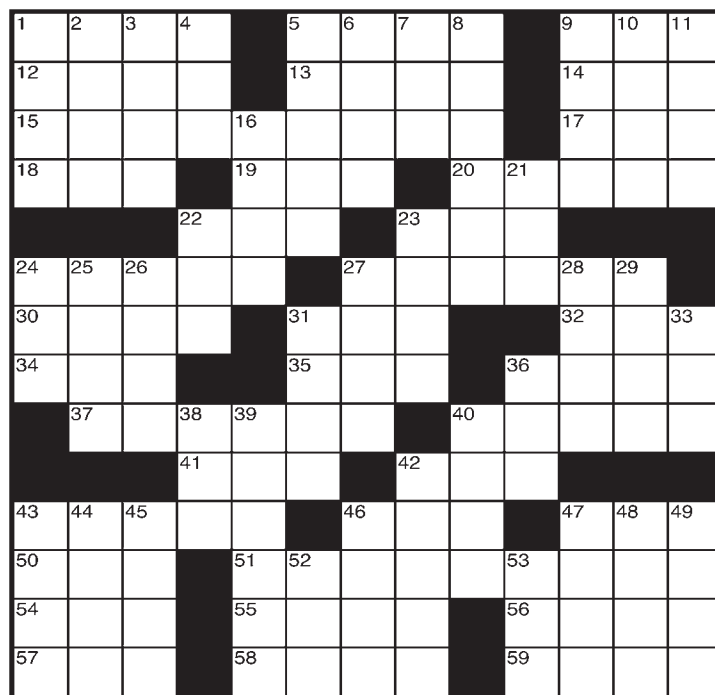
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32 XXI times C  
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56 Nymph who pined away  
57 Common ID  
58 On one's own  
59 Like so

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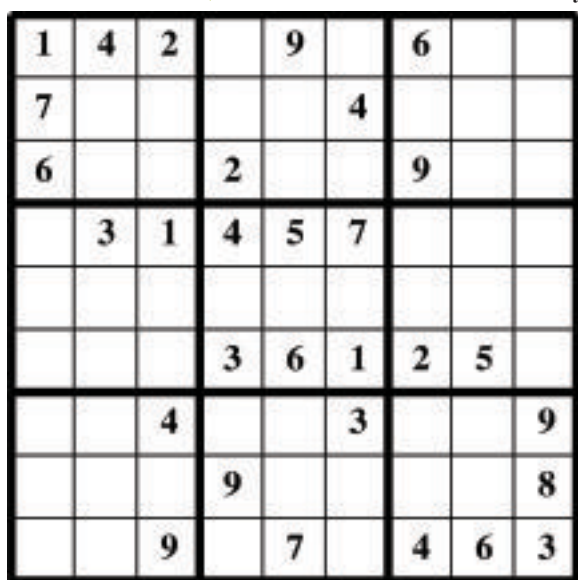
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3 Dead letter?  
4 Kitchen meas.  
5 Important period  
6 Blow gently  
7 Yale grad  
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9 Did batik

- 10 Mr. Arnaz  
11 Finish line  
16 -- Hashanah  
21 Chemist's place  
22 Do well  
23 Rum cake  
24 Caustic  
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43 Clumsy ships  
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45 Reddish brown  
46 Dupe  
47 Gross!  
48 Island near Kauai  
49 Alien tour buses?  
52 Galleon cargo  
53 -- on (pretend)

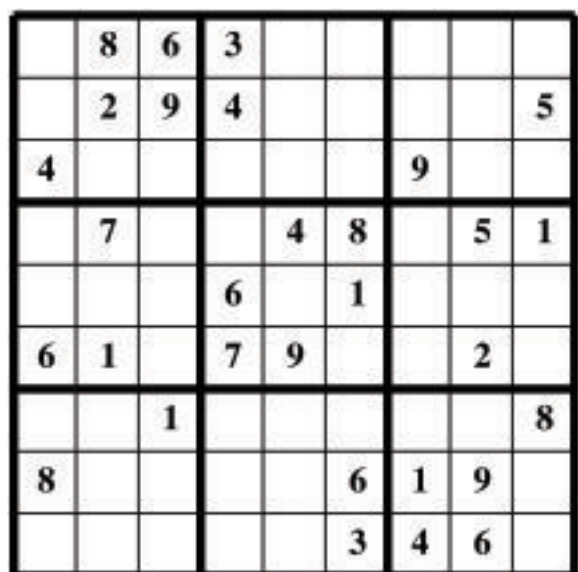


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easy



hard



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**Aries** Don't let the actions of others slow you down. Use your wit and intelligence to help others and you will gain support and ward off those who would like to sabotage you.



**Taurus** Don't let a sensitive issue slow you down. Stay focused on what's expected of you and do your best to avoid excessive situations or someone who is overreacting.



**Gemini** Group endeavors are favored. Host an event that will bring you closer to the people you love or those you have a common interest with. Share your vision.



**Cancer** Don't take what others do or say personally. Look for your own way to make a difference, and partner with people who are in sync with your way of thinking.



**Leo** Ask questions and make changes based on facts and what you know is possible. Disregard anyone offering a pie-in-the-sky plan that could end up costing you.



**Virgo** If you contribute to a conversation with intelligence, facts and confidence, you will make a good impression. Moderation will be noted, so avoid indulgent behavior.



**Libra** You'll receive more help from outsiders than you will from those close to you. Take a break from family and spend time with someone who shares your interests.



**Scorpio** An emotional incident is best dismissed without a fuss. You'll tend to overreact or make a mistake if you act before you have time to think matters through.



**Sagittarius** Question your motives and consider how your plans will affect others. Don't present your ideas until you are fully prepared to defend your decision.



**Capricorn** Dealing with friends or relatives will be difficult, and trying to please everyone will be impossible. Do your best, but don't make unrealistic promises.



**Aquarius** Don't let your emotions get you into trouble. Getting involved with something for the wrong reason will distress a friend or loved one.



**Pisces** Don't fritter away precious time. Get down to business and finish what's expected of you. Taking your responsibilities seriously will help you avoid criticism. EUGENIA LAST

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Website : sbinewyork.com

<sup>#</sup> The APY (Annual Percentage Yield) is effective from 26th March 2018 and subject to change without prior notice.

<sup>\*</sup> Additional Terms and Conditions apply. Please visit our website.

Member  
**FDIC**